Proposal Form For Addition And Revision Of Courses

1. Proposing College / School: School of Nursing
   Department:

2. Course Prefix and Number: NURS 4280
   3. Effective Term: Fall

4. Course Title: Animal-Assisted Therapy
   Abbreviated Title (30 characters or less):

5. Requested Action:
   - Renumber a Course
   - Add a Course
   - Revise a Course
      Current Course Number:
      Proposed Course Number:
      Type of Revision:

6. Course Credit:
   Contact/Group Hours Schedule Type
   (e.g.: Lab, Lecture, Practicum, Directed Study)
   Weekly or Per Term?
   Credit Hours Anticipated Enrollment
   Maximum Hours (Repeatability): 2
   Lecture Weekly 2 12
   Total Credit Hours: 2

7. Grading Type:
   - Regular (ABCDF)
   - Satisfactory/Unsatisfactory (S/U)
   - Audit

8. Prerequisites/Corequisites:
   Use "P:" to indicate a prerequisite, "C:" to indicate a corequisite, and "P/C:" to indicate a prerequisite with concurrency.
   None

9. Restrictions: List specific restriction in space above.
   - College
   - Major
   - Standing
   - Degree

10. Course Description:
    (20 Words or Less; exactly as it should appear in the Bulletin)
    Theoretical foundations and guidelines for practice of animal-assisted therapy.

11. May Count Either:
    Program Type or Program Title
    (e.g.: minor, major, etc.) (e.g.: MS in Chemistry, Performance Option, Minor in Art)
    Requirement or Elective?
    (required or optional?)

12. Affected Program(s):
    Major BS in Nursing
    Elective
    (Respond "N/A" if not included in any program; attach memorandum if more space is required)

13. Overlapping or Duplication of Other Units' Offerings:
    (If course is included in any other degree program, is used as an elective frequently by other unit(s), or is in an area similar to that covered by another college/school, attach correspondence with relevant unit)
    - Applicable
    - Not Applicable
14. Justification:
The use of animal assisted therapy dates back hundreds of years. Famed nurse Florence Nightingale saw the value in animal assisted therapy, as did the York Retreat in London in the 1700s to help infirmed patients. Auburn University School of Nursing's Animal Assisted Therapy course addresses several health and social issues, including an increased need for alternative, innovative and holistic practices. Utilizing animal assisted therapy in educational, therapeutic and health care settings benefit at-risk children and adolescents, the elderly and other special-needs populations.

(Include a concise, yet adequate rationale for the addition/revision of the course, citing accreditation, assessments (faculty, graduate, and/or external) where applicable)

15. Resources:
N/A

(Indicate whether existing resources such as library materials, classroom/laboratory space, and faculty appointments are adequate to support the proposed addition/revision; if additional resources are required, indicate how such needs will be met, referencing the appropriate level of authorization -- i.e.: Dean -- where necessary; if no additional resources or shifting of resources will be necessary, respond "Not Applicable")

16. Student Learning Outcomes:
At the conclusion of this course, students will be able to:
1. Describe the history and health benefits of animal-assisted therapy and the human/animal bond.
2. Understand the fundamentals of animal behavior with an emphasis on stress and its effects on the therapeutic use of animals.
3. Understanding what one needs to know about therapy animals.
4. Explain how the Human/Animal Bond maximizes the quality of life for recipients.
5. Understand the training and training methodology necessary for animal-assisted therapy.
7. Understand the characteristics needed in a therapy animal.
8. Organize and conduct an animal-assisted therapy visit.
9. Know the elements of an animal-assisted therapy program and the relationship to animal assisted therapy registration programs.

(State in measurable terms (reflective of course level) what students should be able to do when they have completed this course)

17. Course Content Outline:
Week 1 - UNIT I
THE HISTORY AND HEALTH BENEFITS OF ANIMAL-ASSISTED THERAPY AND THE HUMAN/ANIMAL BOND.
Behavioral Objectives
Upon completion of required readings, participation in class, and faculty evaluation, the student should be able to:
1. Communicate the history of the various ways animals have been perceived as contributing to human health (physical and mental).
2. Describe the history of "animism" and "shamanism" as it relates to AAT.
3. Discuss the concepts of animism and its use through history.
4. Describe the use of animals as agents of socialization.
5. Discuss animals, relaxation and social support.
Required Readings:
Fine Chapter 2
Week 2 & 3 - UNIT II
FUNDAMENTALS OF ANIMAL BEHAVIOR WITH AN EMPHASIS ON STRESS AND ITS EFFECTS ON THE THERAPEUTIC USE OF ANIMALS
Behavioral Objectives
Upon completion of required readings, participation in class, and faculty evaluation, the student should be able to:
1. Understand the fundamentals of animal behavior.
2. Understand animal behavior and the effects of stress on the therapeutic use of animals.
3. Understand the need for knowledge about animals in therapy.
Required Readings:
Fine Chapter 9
Selected Materials
Week 4 & 5 - UNIT III
Human/Animal Bond
Behavioral Objectives:
Upon completion of required readings, participation in class, and faculty evaluation, the student should be able to:
1. Define the human/animal bond
2. Know the theories used to explain the human/animal bond.
3. Know the biological benefits of the human/animal bond.
4. Know the psychological benefits of the human/animal bond.
Required Readings:
Fine Chapters 1, 6
Week 6 - TEST I
Week 7 - UNIT IV
Animal-Assisted Therapy and the Assessment Process
Behavioral Objectives:
Upon completion of required readings, participation in class, and faculty evaluation, the student should be able to:
1. Define the assessment process.
2. Know how Animal-Assisted Therapy and the Nursing process can work together
   a. Assessment
   b. Diagnosis
   c. Outcomes Identification
   d. Planning
   e. Implementation
   f. Evaluation
3. Develop a care plan for a patient using Animal-Assisted Therapy.
4. Understand the interdisciplinary aspect of Animal-Assisted Therapy.
Required Readings:
Selected
Week 8 & 9 - UNIT V & VI
Unit V-Characteristics of a Therapy Animal
Behavioral Objectives
Upon completion of required readings, participation in class, and faculty evaluation, the student should be able to:
1. Know the characteristics needed in a therapy animal.
2. Understand the risk factors involved in animal-assisted therapy.
3. Differentiate between risk management and risk reduction.
4. Understand the basics of the animal selection procedure.
5. Compare and contrast anxiety and somatoform disorders, and identify the types of each.
Required Readings:
Fine Chapter 7
Unit VI-Elements of an Animal-Assisted Therapy Program
Behavioral Objectives
Upon completion of required readings, participation in class, and faculty evaluation, the student should be able to:
1. Describe the elements of an Animal-Assisted Therapy Program.
   a. Staff
   b. Client
   c. Animals
   d. Cost
   e. Liability
   f. Outcome
   g. Infection
   h. Rules
   i. Principles
2. Differentiate between the elements in a health and mental health programs.
4. Utilize various therapeutic approaches to working with depressed/elated clients.
5. Initiate functions, responsibilities, and contributions of the nurse in
preventing and alleviating maladaptive alterations of mood and affect.

Required Readings:
Fine Chapter 8
Week 10 - TEST II
UNIT VI-con't
Elements of an Animal-Assisted Therapy Program
Behavioral Objectives
Upon completion of required readings, participation in class, and faculty evaluation, the student should be able to:
1. Describe the elements of an Animal-Assisted Therapy Program.
   a. Staff
   b. Client
   c. Animals
   d. Cost
   e. Liability
   f. Outcome
   g. Infection
   h. Rules
   i. Principles
2. Differentiate between the elements in a health and mental health programs.
4. Utilize various therapeutic approaches to working with depressed/elated clients.
5. Initiate functions, responsibilities, and contributions of the nurse in preventing and alleviating maladaptive alterations of mood and affect.

Required Readings:
Fine Chapter 8
Week 11 - UNIT VII
Organize and Conduct an Animal-Assisted Therapy Visit
Behavioral Objectives:
Upon completion of required readings, participation in class, and faculty evaluation, the student should be able to:
1. Describe the preparation for an Animal-Assisted Therapy Visit.
2. Organize an Animal-Assisted Therapy visit.
3. Conduct an Animal-Assisted Therapy visit.

Required Readings:
Selected
Week 12 - UNIT VIII
Animal-Assisted Therapy with Special Populations
Behavioral Objectives:
Upon completion of required readings, participation in class, and faculty evaluation, the student should be able to:
1. Identify and describe the guidelines for the use of Animal-Assisted Therapy with special populations.
   a. Psychotherapy
   b. Counseling
   c. Children
   d. Autism
   e. Family
   f. Elderly
   g. Dying
Fine Part 3 (page 167) and following
Week 13 - TEST III
Week 13 - UNIT IX
ZOOIONTTIC EDUCATION
Behavioral Objectives:
Upon completion of required readings, participation in class, and faculty evaluation, the student should be able to:
1. Define zoonoses.
2. Understand the importance of zoonoses education.

Required Readings:
Selected
Week 14 - Therapy Visit
Week 15 - Therapy Visit
Week 16 - Final Exam

(Provide a comprehensive, week-by-week breakdown of course content, including assignment due dates)

18. Assignments / Projects:

Exam x 3 (20% each)
Final exam (40%)
1 - therapy visit (observational) - This assignment does not enter into grade but presence is required. It allows the student to examine an area of animal-assisted therapy that interests them.

(List all quizzes, projects, reports, activities and other components of the course grade -- including a brief description of each assignment that clarifies its contribution to the course's learning objectives)

19. Rubric and Grading Scale:

<table>
<thead>
<tr>
<th>Grading Scale</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>90 or greater</td>
<td>A</td>
</tr>
<tr>
<td>80-89</td>
<td>B</td>
</tr>
<tr>
<td>73-79</td>
<td>C</td>
</tr>
<tr>
<td>60-72</td>
<td>D</td>
</tr>
<tr>
<td>60 or less</td>
<td>F</td>
</tr>
</tbody>
</table>

(List all components of the course grade -- including attendance and/or participation if relevant -- with point totals for each; indicate point totals and ranges or percentages for grading scale; for S/U grading, detail performance expectations for a passing grade)

20. Justification for Graduate Credit:

(Include a brief statement explaining how the course meets graduate educational standards (i.e.: rigorous standards for evaluation, development of critical thinking and analytical skills, etc.))

(Included below are standard statements regarding course policies. If necessary, a statement may be altered to reflect the academic policies of individual faculty members and/or the academic unit of department, provided that there is no conflict with the Tiger Cub, Faculty Handbook, or any existing university policy.)

POLICY STATEMENTS

Attendance: Although attendance is not required, students are expected to attend all classes, and will be held responsible for any content covered in the event of an absence.

Excused Absences: Students are granted excused absences from class for the following reasons: illness of the student or serious illness of a member of the student's immediate family, the death of a member of the student's immediate family, trips for student organizations sponsored by an academic unit, trips for university classes, trips for participation in intercollegiate athletic events, subpoena for a court appearance, and religious holidays. Students who wish to have an excused absence from class for any other reason must contact the instructor in advance of the absence to request permission. The instructor will weigh the merits of the request, and render a decision. When feasible, the student must notify the instructor prior to the occurrence of any excused absences, but in no case shall such notification occur more than one week after the absence. Appropriate documentation for all excused absences is required. Please see the Tiger Cub for more information on excused absences.

Make-Up Policy: Arrangement to make up a missed major examination (e.g.: hour exams, mid-term exams) due to properly authorized excused absences must be initiated by the student within one week of the end of the period of the excused absence(s). Except in unusual circumstances, such as the continued absence of the student or the advent of university holidays, a make-up exam will take place within two weeks of the date that the student initiates arrangements for it. Except in extraordinary circumstances, no make-up exams will be arranged during the last three days before the final exam period begins.

Academic Honesty Policy: All portions of the Auburn University student academic honesty code (Title XII) found in the Tiger Cub will apply to university courses. All academic honesty violations or alleged violations of the SGA Code of Laws will be reported to the Office of the Provost, which will then refer the case to the Academic Honesty Committee.

Disability Accommodations: Students who need special accommodations in class, as provided for by the Americans With Disabilities Act, should arrange for a confidential meeting with the instructor during office hours in the first week of classes (or as soon as possible if accommodations are needed immediately). The student must bring a copy of their Accommodation Letter and an Instructor Verification Form to the meeting. If the student does not have these forms, they should make an appointment with the Program for Students with Disabilities, 1286 Haley Center, 844-2086 (V/TT).
AUBURN UNIVERSITY SCHOOL OF NURSING

NURS 4280

ANIMAL-ASSISTED THERAPY

SYLLABUS

FALL 2012

Stuart Pope, COURSE LEADER
OFFICE: 141 MILLER HALL
PHONE #: 844-6762
EMAIL: wsp0002@auburn.edu
HOME: (334) 209-1286
CELL: (334) 332-0719
Course Number and Title: NURS 4280  Animal-Assisted Therapy

Semester Credit Hours: 2

Faculty: Stuart Pope, DNP, RN Course Coordinator

Pre-requisites: N/A
Co-requisites: N/A

Placement: Fall Term

Course Description:

The theoretical foundations and guidelines for practice of animal-assisted therapy will be discussed.

Course Objectives:

At the conclusion of this course, students will be able to:

1. Describe the history and health benefits of animal-assisted therapy and the human/animal bond.
2. Understand the fundamentals of animal behavior with an emphasis on stress and its effects on the therapeutic use of animals.
3. Understanding what one needs to know about therapy animals.
4. Explain how the Human/Animal Bond maximizes the quality of life for recipients.
5. Understand the training and training methodology necessary for animal-assisted therapy
7. Understand the characteristics needed in a therapy animal
8. Organize and conduct an animal-assisted therapy visit.
9. Know the elements of an animal-assisted therapy program and the relationship to animal assisted therapy registration programs.

Methods of Evaluation:

1. Exam one, two, three (20% each) 60%
2. Final exam 40%

Grading Scale

90 or greater A
80-89 B
73-79 C
60-72 D
60 or less F
These Academic Honesty:
Refer to the student affairs web-site:
https://sites.auburn.edu/admin/universitypolicies/Policies/Forms/Academic.aspx

Students with Disabilities:
Any student needing special accommodations should contact the Director of the Program for Students with Disabilities, located in 1244 Haley Center. (AD) accommodations for any student documented as eligible will be provided.

Course Requirements:
1. The student is expected to attend all classes. Class attendance and participation is considered evidence of professional behavior.
2. The student is expected to complete all required learning activities in preparation for class.
3. The student should utilize the following style manual in preparing all papers: Publication Manual of the American Psychological Association (6th ed.). (APA format)
4. The student should turn in all written assignments to the faculty member making the assignment, unless other instructions are given. All written assignments will be retained by the faculty member. If the student wishes to keep a copy, a duplicate will need to be made by the student. Ten points will be deducted for each day a paper is late.
5. The student is responsible for notifying the course coordinator in advance if he/she is ill, or will be absent the day of a scheduled examination. The student is responsible for making arrangements for a make-up examination within 24-48 hours of the originally scheduled date and time of the examination.

Attendance:
Attention is called to the Auburn University Bulletin for discussion of class attendance and procedures. A word of wisdom: Regular class attendance greatly affects the benefit received from courses. Roll is taken in all classes.

PLEASE DO NOT USE YOUR CELL PHONE OR COMPUTER FOR ANYTHING OTHER THAN CLASS WORK DURING CLASS TIME. IF YOU HAVE TO TAKE A CALL OR TEXT – LEAVE THE ROOM SO YOU DO NOT DISTURB THOSE AROUND YOU. ALL CELL PHONES ARE TO BE SILENCED DURING CLASS.

Patient confidentiality at clinical facilities is expected for the successful completion of this course. Students must read and sign the confidentiality agreement and they will be held accountable. Any breach of a patient’s confidentiality will result in disciplinary action against the student and may result in their dismissal from this class.

Required Textbooks:

Suggested Textbooks (available to check-out)

**Teaching Methods:**
1. Lecture/Discussion
2. Audiovisual Aids
3. Independent Study
4. Classroom Participation
5. Individual Conferences
6. Seminar
7. Clinical Practicum

**Library:**
For assistance with library research contact: Jean Liddell, Nursing, Nutrition, & Pharmacy Specialist - email - liddeje@auburn.edu, phone - 844-1797, or look for Jean in the library.

<table>
<thead>
<tr>
<th>DATE</th>
<th>TOPIC</th>
<th>READING ASSIGNMENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 1</td>
<td>Orientation and Overview (<em>Pope</em>)</td>
<td>Chapter 2</td>
</tr>
<tr>
<td></td>
<td>Unit 1: Describe the history and health benefits of animal-assisted therapy and the human/animal</td>
<td></td>
</tr>
<tr>
<td>Week 2, 3</td>
<td>Unit 2: Understand the fundamentals of animal behavior with an emphasis on stress and its effects on the therapeutic use of animals. Understanding the other end of the leash: what you need to know about animal. (149-168) (Pope)</td>
<td>Chapter 9</td>
</tr>
<tr>
<td>---</td>
<td>---</td>
<td>---</td>
</tr>
<tr>
<td>Week 4, 5</td>
<td>Unit 3: Human/Animal Bond maximizing their quality of life. (3-15; 85-107) (Pope)</td>
<td>Chapters 1; 6</td>
</tr>
<tr>
<td>Week 6</td>
<td>TEST I</td>
<td></td>
</tr>
<tr>
<td>Week 7</td>
<td>Unit 4: Animal-Assisted Therapy and the Assessment Process (Pope)</td>
<td>Selected</td>
</tr>
</tbody>
</table>
| Week 8, 9 | Unit 5: Understand the characteristics needed in a therapy animal (111-134)
Unit 6: Know the elements of an animal-assisted therapy program and the relationship to animal assisted therapy registration programs (Pope) | Chapter 7 |
| Week 10 | TEST II
Unit 6: (con’t) Know the elements of an animal-assisted therapy program and the relationship to animal assisted therapy registration programs. (Pope) | Selected |
| Week 11 | Unit 7: Animal-Assisted Therapy with Special Populations | |
| Week 12 | Unit 8: Organize and conduct an animal-assisted therapy visit. (Pope)
Language of Dogs | Chapter 8 Video |
| Week 13 | TEST III
Unit 9: Zoonoses – any infectious disease that can be transmitted from animals to humans or from humans to animals | Selected |
| Week 14 | Site Visit | TBD |
| Week 15 | Site Visit | TBD |
| Week 16 | **Final Exam** | |
## NURS 4280

### EXAM BLUE PRINT

<table>
<thead>
<tr>
<th>Test</th>
<th>Units</th>
<th>Questions</th>
</tr>
</thead>
<tbody>
<tr>
<td>TEST I</td>
<td>Unit I</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>Unit II</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>Unit III</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>30</strong></td>
</tr>
<tr>
<td>TEST II</td>
<td>Unit IV</td>
<td>15</td>
</tr>
<tr>
<td></td>
<td>Unit V</td>
<td>15</td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>30</strong></td>
</tr>
<tr>
<td>TEST III</td>
<td>Unit VI</td>
<td>15</td>
</tr>
<tr>
<td></td>
<td>Unit VII</td>
<td>15</td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>30</strong></td>
</tr>
<tr>
<td>FINAL</td>
<td>Comprehensive</td>
<td>30</td>
</tr>
</tbody>
</table>
UNIT OBJECTIVES

AND

ASSIGNMENTS
UNIT I

THE HISTORY AND HEALTH BENEFITS OF ANIMAL-ASSISTED THERAPY AND THE HUMAN/ANIMAL BOND.

Behavioral Objectives

Upon completion of required readings, participation in class, and faculty evaluation, the student should be able to:

1. Communicate the history of the various ways animals have been perceived as contributing to human health (physical and mental).

2. Describe the history of “animism” and “shamanism” as it relates to AAT.

3. Discuss the concepts of animism and its use through history.

4. Describe the use of animals as agents of socialization.

5. Discuss animals, relaxation and social support.

Required Readings:

Fine Chapter 2
UNIT II

FUNDAMENTALS OF ANIMAL BEHAVIOR WITH AN EMPHASIS ON STRESS AND ITS EFFECTS ON THE THERAPEUTIC USE OF ANIMALS

Behavioral Objectives

Upon completion of required readings, participation in class, and faculty evaluation, the student should be able to:

1. Understand the fundamentals of animal behavior.
2. Understand animal behavior and the effects of stress on the therapeutic use of animals.
3. Understand the need for knowledge about animals in therapy.

Required Readings:

Fine  Chapter 9

Selected Materials
UNIT III
Human/Animal Bond

Behavioral Objectives:

Upon completion of required readings, participation in class, and faculty evaluation, the student should be able to:

1. Define the human/animal bond
2. Know the theories used to explain the human/animal bond.
3. Know the biological benefits of the human/animal bond.
4. Know the psychological benefits of the human/animal bond.

Required Readings:

Fine Chapters 1, 6
UNIT IV

Animal-Assisted Therapy and the Assessment Process

**Behavioral Objectives:**

Upon completion of required readings, participation in class, and faculty evaluation, the student should be able to:

1. Define the assessment process.
2. Know how Animal-Assisted Therapy and the Nursing process can work together
   a. Assessment
   b. Diagnosis
   c. Outcomes Identification
   d. Planning
   e. Implementation
   f. Evaluation
3. Develop a care plan for a patient using Animal-Assisted Therapy.
4. Understand the interdisciplinary aspect of Animal-Assisted Therapy.

**Required Readings:**

Selected
UNIT V

Characteristics of a Therapy Animal

Behavioral Objectives

Upon completion of required readings, participation in class, and faculty evaluation, the student should be able to:

1. Know the characteristics needed in a therapy animal.
2. Understand the risk factors involved in animal-assisted therapy.
3. Differentiate between risk management and risk reduction.
4. Understand the basics of the animal selection procedure.
5. Compare and contrast anxiety and somatoform disorders, and identify the types of each.

Required Readings:

Fine Chapter 7
UNIT VI

Elements of an Animal-Assisted Therapy Program

Behavioral Objectives

Upon completion of required readings, participation in class, and faculty evaluation, the student should be able to:

1. Describe the elements of an Animal-Assisted Therapy Program.
   a. Staff
   b. Client
   c. Animals
   d. Cost
   e. Liability
   f. Outcome
   g. Infection
   h. Rules
   i. Principles

2. Differentiate between the elements in a health and mental health programs.

4. Utilize various therapeutic approaches to working with depressed/elated clients.

5. Initiate functions, responsibilities, and contributions of the nurse in preventing and alleviating maladaptive alterations of mood and affect.

Required Readings:

Fine Chapter 8
UNIT VII
Organize and Conduct an Animal-Assisted Therapy Visit

Behavioral Objectives:

Upon completion of required readings, participation in class, and faculty evaluation, the student should be able to:

1. Describe the preparation for an Animal-Assisted Therapy Visit.
2. Organize an Animal-Assisted Therapy visit.
3. Conduct an Animal-Assisted Therapy visit.

Required Readings:

Selected
UNIT VIII

Animal-Assisted Therapy with Special Populations

Behavioral Objectives

Upon completion of required readings, participation in class, and faculty evaluation, the student should be able to:

1. Identify and describe the guidelines for the use of Animal-Assisted Therapy with special populations.
   a. Psychotherapy
   b. Counseling
   c. Children
   d. Autism
   e. Family
   f. Elderly
   g. Dying

Fine Part 3 (page 167) and following
UNIT IX

ZOOHOSES EDUCATION

Behavioral Objectives:

Upon completion of required readings, participation in class, and faculty evaluation, the student should be able to:

1. Define zoonoses.

2. Understand the importance of zoonoses education.

Required Readings:

Selected